Why DISHA?

The education sector has received tremendous impetus in recent times. The effect: more and more youth are getting educated and fulfilling their materialistic pursuits through lucrative employment. Today’s system of education, with a focus on the 3 Rs – Reading, Writing and Arithmetic, gears students to compete in the job market. However, the lack of emphasis on core values leaves youth ill equipped to face the challenges of life.

There is a compelling need to evolve a more holistic approach, an enriching blend of academics along with values. A profound understanding of this great country and its glorious culture forms the foundation of value education. This helps youngsters evolve into better human beings with character and integrity and the motivation for positive personal and social transformation. These strong values are the bedrock on which our nation can progress towards prosperity and peace.

Introducing DISHA

Disha is a non-profit social initiative (started in 2005) that aims to provide holistic education through imparting values. Disha endeavors to guide and catalyse young minds to carry forward the rich and glorious legacy of our motherland.

DISHA aims to focus on three aspects:

- KNOW YOUR SELF
- KNOW YOUR COUNTRY
- KNOW YOUR CULTURE

VISION:

Transform youth to Transform Nation

MISSION:

- Unleash the inner potential and blossom into individuals with character.
- Appreciate the value of values.
- Enhance pride in our country’s culture and heritage.
- Inculcate a sense of social responsibility among the youth.
- Realize the goal of education and purpose of life.

DISHA WORKSHOPS

- Personality Development Programs for UG/PG Students.
- PRERANA - Faculty Development Programs
- VIVEKA VIKASA - Personality Development Programs for High School Students

Personality Development Programmes for UG/PG Students

Highly motivating workshops are conducted at college premises with the consent and co-operation of the management to anchor life in the right direction (Disha) through harmonious blend of head, heart and hand.

Highlights of DiSHA Workshops:

- Completely activity based workshops that,
- Enhance the physical, emotional, intellectual, social and spiritual quotients.
- Develop a spirit of inquiry and encourages self introspection
- Create a platform for free and frank discussions
- Sensitize on social and national issues
- Unique blend of learning, reflection and fun

Faculty Development Program

PRERANA: ‘Journey from Teacher to Guru’

Through the ages, a “Guru” has played a very significant role in the Indian society. Guru’s exemplary life and knowledge has transformed many lives, thus safeguarding the personal and social values.

In the modern context, it has become imperative for a teacher to elevate to the role of a Guru as he/she is looked upon as a role model, who carries great responsibility in moulding young lives.

Objectives of PRERANA:

- To enhance pride and passion towards their profession
- To enthuse creation of innovative teaching pedagogies
- To enable teachers play multiple roles effectively.
- To empower teachers to become catalysts of change
- To embark the journey from Teacher to Guru

Who can participate?

Faculty members of under-graduate and post-graduate institutions

Highlights of PRERANA:

The workshop includes the following:

- Talks by eminent resource persons
- Group Discussions
- AV Presentations
- Q & A Sessions
- Case Analysis
- Experience Sharing
- Activities
- Games
DISHA CHARITABLE TRUST FOR VALUE INITIATIVES(R)

TRUSTEES

PROF. N. V. RAGHURAM - PRESIDENT
Director, VYASA and International coordinator & Chairman, Yoga Bharati, USA

SRI. NAGARAJ - TRUSTEE
Director – Mythic Society, Social Worker, Bangalore

SRI. VENKATESH MURTHY - TRUSTEE
Founder, National Coordinator, Youth for Seva

SMT. POORNIMA PUROHIT - TREASURER
Coordinator, Prasanna Counselling Center, Malleswaram, Bangalore

SRI. RAJESH PADMAR - TRUSTEE
Lecturer - Social Activist, Bangalore

SMT. REKHA RAMACHANDRAN – SECRETARY
Social Worker, Bangalore

SMT. KSHAMA NARGUND – TRUSTEE
Advocate, Bangalore

Communication

Email : info@dishabharat.org
Website : www.dishabharat.org
Facebook : DishaBharat

Co-ordinators

Smt. Rekha Ramachandran
98456 81573
Sri. Pramodh Nataraj
99163 81599
Smt. Sneha Damle
96115 33533

VIVEKA VIKASA

Guiding Council

Dr. Gururaj Karajagi
Founder and Chairman, Academy for Creative Teaching (ACT), Bangalore

Dr. B. N. Gangadhar
Director, NIMHANS, Bangalore

Prof. B. Mahadevan
Professor of Operations Management, IIM, Bangalore

Dr. Ganesh Bhatta
Chief Principal, M.B.B.S. Rachana Training College, Bangalore

Dr. T. L. Shantha
Director, Mahatma Gandhi National University of Women, Malleswaram, Bangalore

Dr. T.S. Sathyavali
Recipient of Kiran Mazumdar Roy Award, 2022

Dr. M.K. Sridhar
Former Member Secretary, Executive Director, Karnataka Knowledge Commission, Bangalore

Dr. R. Venkataram
Vice-President, SVYASA

Facilitators

Smt. Savithri Somayaji
Yoga Expert and Social Worker

Prof. Shobha Sundaresan
Head, Dept of Management Studies, MCA, Bangalore

Sri. Chakravarthy Sullibele
Vice, Heen Rayak, Bangalore

Sri. A. Subramanian
Director, Yoga Bharati, Bangalore

Dr. V. B. Arathi
Founder - Director, Vithruv Academy, Bangalore

Sri. D. M. Kiran
CEO, VG

Sri. T. V. Ramachandran
Consultant, Mandir, Delhi

Visit us : www.dishabharat.org

DISHA CHARITABLE TRUST FOR VALUE INITIATIVES(R)
NO. 57/3, 17th CROSS, Malleswaram
Bangalore - 560055
PH: 98456 81573
EMAIL: info@dishabharat.org

The Country whose young men are inspired by glory of the past, pain of the present and dreams of the future always moves on the path of progress.

– Sri Aurobindo