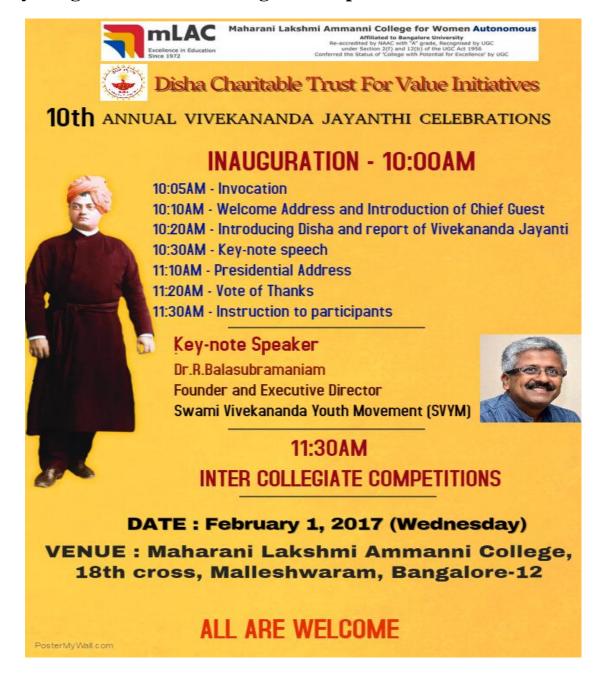
## One-day Program and Inter-collegiate competitions for UG and PG students



Disha in association with Maharani Lakshmi Ammanni College for Women, Bengaluru, held the 10th Annual Vivekananda Jayanthi Celebrations on 1<sup>st</sup> February, 2017 in the college premises at Malleswaram. The keynote speaker on this occasion was **Dr. R. Balasubramaniam**, Founder and Executive Director of Swami Vivekananda Youth Movement, which is a development institution engaged in a grass-roots approach to improvements in sectors such as health, education, and community development. Prof. N.V.Raghuram (President, Disha), Dr.T.L.Shanta (Director, mLAC) and Prof.Vijaya (Principal, mLAC) also graced the

occasion.



Initially an introduction to Disha and report of Vivekananda Jayanti was given to the august audience which was followed by the introduction of highly accomplished chief guest and other dignitaries on the stage.

In his address, **Dr. Balasubramaniam** stressed on the need to develop **3 P's** if we are to serve the nation by adopting the teachings of Swami Vivekananda – **Purity, Patience and Perseverance**. Asked to explain how one can stay inspired to work for the country, he advised, "Keep one foot grounded in the Bhagavad Geeta and the other in Swami Vivekananda and you will succeed in attaining your vision." Using anecdotes drawn from his life as he worked to help his fellow countrymen inspired by Swamijis teachings, he sought to impress the audience with an awareness of the privilege they enjoy and the need to give back to society. To the majorly young audience who wanted to know the secret of how to fulfill Swamiji's dream for the country, Dr. Balasubramaniam laid out an **8-step** path consisting of having *compassion, developing faith and hope, having a sense of humour and a positive spirit, inculcating a spirit of self-enquiry, fearlessness, a spirit of service and constant mindfulness*. Students were very enthusiastic to ask questions to Dr.Balu regarding service, Practical Vedanta, Indian Philosophy and so on.

After the Chief Guest's talk, the **Presidential Address** was delivered by **Dr.T.L.Shanta** expressing her views on the importance of character building towards the progress of nation.

Finally, Prof.Shobha Sundaresan presented the vote of thanks.

The keynote address was followed by **Inter-Collegiate competitions** for students. There was a very good response from many institutions of the city for the event. Totally, there were nearly **300 participants from 29** institutions to participate in 4 competitions.

**36 students from 17 colleges** participated in the Speech Contest in Kannada and English on the topic "Vivekananda's Vision – My Mission."

The Group Song Contest saw **25 teams from 19 institutions** participate enthusiastically with a wide range of *patriotic songs* in Kannada and Hindi.

Around **24 teams participated in the Dumb Charades** centered on the theme of "*Bharat*" and her monuments, natural resources and great personalities.

A **Smart Phone User** contest based on the theme of "*Technology for a Better India*" was also held for the first time to make the youth realize the power of social media towards national development and saw keen participation from **12 teams**.

Swamiji's message in short is "Be good. Do good." As a part of "**Do Good**" activity, a blood donation camp was also organized in which over **70 youngsters donated blood** towards saving lives.

Cash prizes and certificates were given to the winners



## One-hour Interactive Sessions on "Vivekananda's Vision - My Mission"

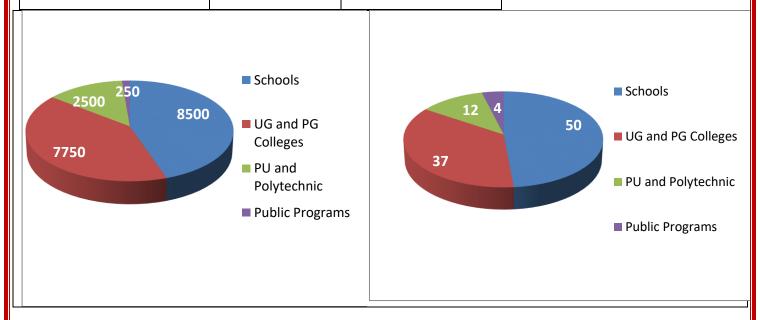
Swami Vivekananda, one of the greatest visionaries the world has ever seen, had a great vision for Self, Society, Nation and Universe at large. His electrifying words have motivated millions and millions of people towards leading a life of fulfillment by serving others.

Disha is celebrating Vivekananda Jayanthi since 9 years with an intention of spreading the message of Swami Vivekananda to the youth of this country. This year, being the 10th Annual Vivekananda Jayanti Celebrations, Disha celebrated in a unique way by reaching out to institutions to conduct one-hour session on "Vivekananda's Vision - My Mission". The program was unique both in its approach and the message. The session included a talk on the Life and message of Swami Vivekananda as a patriotic monk for half an hour and the second half was dedicated to a video interaction which focused on the responsibility on each individual to make Swamiji's dream a reality.

Disha, with a small but dedicated team, in just a span of **3 weeks**, reached over **100 institutions** taking the message of Swamiji to around **19,000** students. We reached to **the urban, semi-urban and rural** places. The institutions ranged from primary to the post graduate level (Primary school, High school, PU, Polytechnic, Degree and post graduate students). We even conducted a few programs for general public which included a yoga center, auto-rickshaw people and others. The response that we received from the management and students was amazing and we could surely see a spark in the youth to do something towards for the betterment of the society and thereby the nation at large.

The details of the institutions where we conducted programs are as follows.

Institution	No of Programs	No of Students
Schools	50	8500
UG and PG Colleges	37	7750
PU and Polytechnic	12	2500
Public Programs	4	250
Total	103	19,000



List of institutions where the programs were conducted

Dist of institutions where the	of this were conducted	
SCHOOLS	UG/PG COLLEGES	
VIJAYA BHARATHI,GIRINAGAR	NSVK DEGREE COLLEGE	
NIVEDITA SCHOOL, VASANTAPURA	MES TEACHERS TRAINING COLLEGE	
MOOKAMBIKA SCHOOL, TYAGARAJANAGAR	CITY DEGREE COLLEGE	
NEW HORIZON SCHOOL, HOSAKOTE	PESIT	
GOVERNMENT SCHOOL, HOSAKOTE	GOVT DEGREE COLLEGE, RAMANAGAR	
SIDDHAGANGA SCHOOL, MANJUNATH NAGAR	ABALASHRAMA	
STANDARD HIGH SCHOOL, VIJAYANAGAR	SHESHADRIPURAM COLLEGE, KENGERI	
GOVT SCHOOL, PANDAVAPURA	MES INSTITUTE OF MGMT	
SRI VIJAYA VIDYA MANDIRA, VASANTAPURA	SRI SAI DEGREE & PU COLLEGE	
SHANTINIKETHANA SCHOOL, GIRINAGAR	PES DEGREE, HANUMANTH NAGAR	
SHIVANAHALLI SCHOOL, MANJUNATH NAGAR	SJRCW DEGREE COLLEGE	
GOVT HIGH SCHOOL, RAMANAGAR	BMS DEGREE COLLEGE	
GOVT HIGH SCHOOL, SUGGENAHALLI	RVIM, JAYANAGAR	
MORARJI DESAI RESIDENTIAL,RAMANAGAR	GOVT DEGREE, TYAMAGONDLU	
PRAGNAVIDYANIKETAN, BYATARAYANAPURA	VVS DEGREE COLLEGE	
MOUNT EVEREST, BYATARAYANAPURA	AUROBINDO DEGREE COLLEGE	
AGARA GOVT SCHOOL, AGARA	MES DEGREE, MALLESWARAM	
GOVT HIGH SCHOOL, TYAMAGONDLU	BHARATIYA SAMSKRITI VIDYA PEETHA DEGREE COLLEGE, RAMANAGAR	
GOVT HIGH SCHOOL, TYAMAGONDLU	APS COLLEGE, NR COLONY	
NISARGA SCHOOL, TYAMAGONDLU	MLA AHL	
SHANBOGANAHALLI GOVT SCHOOL, RAMANAGAR	SADHANA DEGREE COLLEGE	
HANUMANTHANAGAR GOVT SCHOOL, RAMANAGAR	VIJAYA DEGREE COLLEGE	
VIVEKANANDA SCHOOL, HANUMANTH NAGAR	SHESHADRIPURAM COMMERCE COLLEGE,	
SWAMI VIVEKANANDA SCHOOL, GKW LAYOUT	PRIYADARSHINI DEGREE COLLEGE, HAVERI	
NATIONAL CONVENT, ISRO LAYOUT	GOVT DEGREE COLLEGE, HAVERI	
DAYANANDA SAGAR SCHOOL, YELACHENAHALLI,	MSR DEGREE COLLEGE	
AUROBINDO HIGH SCHOOL	VIVEKANANDA COLLEGE, RAJAJINAGAR	
DAV PUBLIC SCHOOL, VASANTHAPIRA	KLE DEGREE COLLEGE, RAJAJINAGAR	
GOVT HIGH SCHOOL, SHIRAGAMBI, HAVERI	VIVEKANANA PHARMACY, RAJAJINAGAR	
MOORARJI DESAI VASANTHI SCHOOL, HAVERI	MRUTYUNJAYA VIDYA PEETA PU AND DEGREE COLLEGE, HAVERI	
HOLY CHILD HIGH SCHOOL, SRINIVASA NAGAR	PES COLLEGE OF PHARMACY, HANUMANTH NAGAR	
RAJARAJESHWARI SCHOOL, SRINIVAS NAGAR	SN BHAT COLLEGE, HANUMANTH NAGAR	
SWAMI VIVEKANANDA VIDYA SAMSTHE, HAVERI	GUPTA COLLEGE, HOSAKEREHALLI	
MRUTYUNJAYA VIDYA PEETA HIGH SCHOOL, HAVERI	GAUTHAM COLLEGE, BASAVESHWARA NAGAR	
GOVT SCHOOL, SHRIRAMAKUPPA, HAVERI	ABVP PROGRAM IN HAVERI	
BASAVESHWARA SCHOOL, SATELITTE	BHARATHAMATHA DEGREE COLLEGE	
NIVEDITA ENGLISH SCHOOL, GKW LAYOUT	MAHARANI LAKSHMI AMMANNI COLLEGE FOR WOMEN	
ARUNODAYA SCHOOL		
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INDIAN SCHOOL, MANJUNATH NAGAR	PU & POLYTECHNIC COLLEGES	
SRI SIDDHAVEERESHWARA HIGH SCHOOL, HAVERI	CITY PU	
MOORARJI DESAI RESIDENTIAL SCHOOL, HAVERI	GOVT PU COLLEGE, RAMANAGAR	
SHAMBHAVI SCHOOL, MANJUNATH NAGAR	BMS PU COLLEGE FOR WOMEN	
RASNA SCHOOL, MANJUNATH NAGAR	MLACW PU	
BRIGHT HORIZON SCHOOL, MANJUNATH NAGAR	SJRCW PU COLLEGE	
SREE VASAVI VIDYA PEETHA SCHOOL,		
VIJAYANAGAR	VVS PU COLLEGE	
	BHARATIYA SAMSKRITI VIDYA PEETHA PU	
PANCHAJANYA HIGH SCHOOL, RAJAJINAGAR	COLLEGE, RAMANAGAR	
	SADHANA PU COLLEGE	
	SANGAMESHWARA PU COLLEGE, HAVERI	
PUBLIC PROGRAMS	SRI KUMARESHWARI PU COLLEGE, HAVERI	
CHIKKALASANDRA	NSVK PU COLLEGE	
HIREKARUR AUTO STAND, HAVERI	DAYANANDA POLYTECHNIC COLLEGE	
CHENNABASAVESHWARA TEMPLE, HAVERI	PVC PU COLLEGE, HAVERI	
	BHARATHAMATHA PU COLLEGE,	
YOGA CENTER, MAHALAKSHMI LAYOUT	HANUMATH NAGAR	

