

VIVEKA VIKASA

Personality Development Programs for High School Students.

Programs offered

- ▶ Regular Programs – Fortnightly sessions
- ▶ Half-day Workshops
- ▶ Teacher Enrichment Programs
- ▶ Parent Orientation Programs

Highlights of Viveka Vikasa :

The profound message is conveyed through

- Interactive talks and discussions
- Stories and real life incidents of great personalities
- Videos, Skits and dramas
- Group activities and games
- Counseling
- Projects and Field trips etc.



DISHA CHARITABLE TRUST FOR VALUE INITIATIVES(R)

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Director, VYASA and International coordinator & Chairman, Yoga-Bharati, USA

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Smt. Poornima Purohit - Treasurer

Coordinator, Prasanna Counselling Center, Malleshwaram, Bengaluru

Sri.V. Nagaraj

Director – Mythic Society, Social Worker, Bengaluru

Prof. Shobha Sundaresan

Consultant, Institutional Growth, mLAC Bengaluru

Sri. Rajesh Padmar

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Rtd. Principal, M.E.S. Teachers' Training College, Bengaluru

Sri. V. Venkatesh Murthy

Founder, Executive Director, Youth for Seva

Dr.T.S. Sathyavati

Renowned Karnatik Musician & Rtd. HOD in Sanskrit, VVSGFCW

Dr. M.K. Sridhar

Former Member-Secretary, Executive Director, Karnataka Knowledge Commission, Bengaluru

Facilitators

Smt.Savithri Somayaji

Yoga Expert and Social Worker

Sri. Anand Bhargav

Asia Pacific Regional Services Manager, Chevron Oronite

Sri.Chakravarthy Sulibele

Mentor, Yuva Brigade, Bengaluru

Sri.A.Subramanian

Director, Yoga Bharathi, Bengaluru

Dr.V.B.Arathi

Founder - Director, Vibha Academy, Bengaluru

Sri.D.M.Kiran

CEO, ONGC Foundation

Sri.T.V.Ramachandran

Committee Member, DISHA



Communication

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DISHA CHARITABLE TRUST FOR VALUE INITIATIVES(R)

No.57/3, 17th Cross, Malleshwaram
Bengaluru - 560055

80G

Executive Team



Smt.Rekha Ramachandran

+91 9845681573

Sri. Pramodh Nataraj

+91 9916381599

Sri. Pradeep Nataraj

+91 9886042333

Smt. Sneha Damle

+91 9611533533

Smt. Meera Balaganesan

+91 9880519754

PRERANA - FDP

Prof. Shobha Sundaresan

+91 9880299340

VIVEKA VIKASA

Smt.Parimala Murthy

+91 9980900075

www.dishabharat.org

info@dishabharat.org

[DishaBharat](https://www.facebook.com/DishaBharat)

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DISHA

Value Based Initiatives

Holistic Approach to Education

Know Your Self

Know Your Country

Know Your Culture



www.dishabharat.org



"We want that education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one's own feet."

- Swami Vivekananda

Why DISHA ?

The education sector has received tremendous impetus in recent times. The effect: more and more youth are getting educated and fulfilling their materialistic pursuits through lucrative employment. Today's system of education, with a focus on the 3 Rs – Reading, Writing and Arithmetic, gears students to compete in the job market. However, the lack of emphasis on core values leaves youth ill equipped to face the challenges of life.

There is a compelling need to evolve a more holistic approach, an enriching blend of academics along with values. A profound understanding of this great country and its glorious culture forms the foundation of value education. This helps youngsters evolve into better human beings with character and integrity and the motivation for positive personal and social transformation. These strong values are the bedrock on which our nation can progress towards prosperity and peace.

Introducing DISHA

Disha is a non-profit social initiative (started in 2005) that aims to provide holistic education through imparting values. Disha endeavors to guide and catalyse young minds to carry forward the rich and glorious legacy of our motherland.

DISHA aims to focus on three aspects :

- ✓ **KNOW YOUR SELF**
- ✓ **KNOW YOUR COUNTRY**
- ✓ **KNOW YOUR CULTURE**

VISION :

Transform youth to Transform Nation

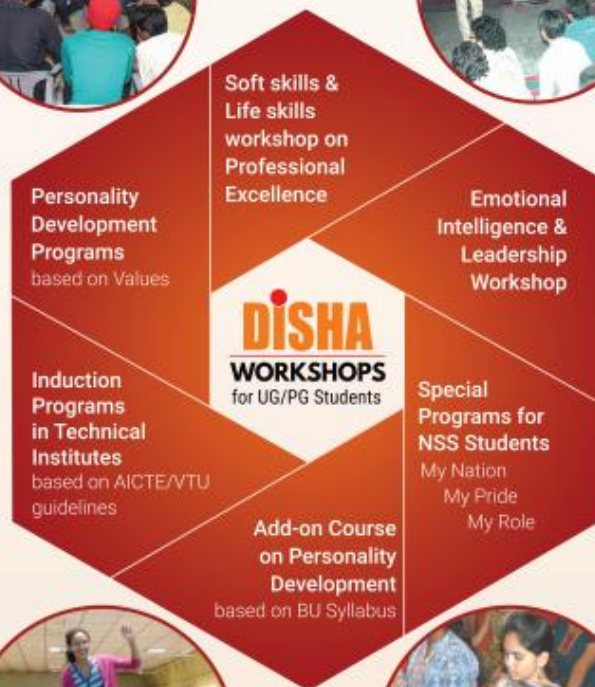
MISSION :

- ▶ Unleash the inner potential and blossom into individuals with character.
- ▶ Appreciate the value of values.
- ▶ Enhance pride in our country's culture and heritage.
- ▶ Inculcate a sense of social responsibility among the youth.
- ▶ Realize the goal of education and purpose of life.

Highlights of DISHA Workshops:

Completely activity based workshops that ,

- Enhance the physical, emotional, intellectual, social and spiritual quotients.
- Develop a spirit of inquiry and encourages self introspection
- Create a platform for free and frank discussions
- Sensitize on social and national issues
- Unique blend of learning, reflection and fun



Faculty Development Program PRERANA : 'Journey from Teacher to Guru'

Through the ages, a "Guru" has played a very significant role in the Indian society. Guru's exemplary life and knowledge has transformed many lives, thus safeguarding the personal and social values.

In the modern context, it has become imperative for a teacher to elevate to the role of a Guru as he/she is looked upon as a role model, who carries great responsibility in moulding young lives.

Objectives of PRERANA

- ◆ To enhance pride and passion towards their profession
- ◆ To enthuse creation of innovative teaching pedagogies
- ◆ To enable teachers play multiple roles effectively.
- ◆ To empower teachers to become catalysts of change
- ◆ To embark the journey from Teacher to Guru



Who can participate?

Faculty members of under-graduate and post-graduate institutions

Highlights of PRERANA :

The workshop includes the following :-

- Talks by eminent resource persons
- Group Discussions
- AV Presentations
- Q & A Sessions
- Case Analysis
- Experience Sharing
- Activities
- Games

